



15th ANNUAL

SPRING FLING CONVENTION

"Rocketed Into a Fourth Dimension"

April 21 - 23, 2023



Friday 6:00 p.m. BBQ & Washers

Friday 8:00 p.m.

James L. - Tallahassee, FL

Friday 10:00 p.m. Young Person

Tina H. - Waukesha, WI

Saturday 8:30 a.m. Al-Anon Meeting

Saturday 10:00 a.m. Speaker Panel

Saturday 12:00 p.m. Al-Anon Lunch

Saturday 1:00 p.m. Al-Anon Speaker

Larcine G. - Hawthorne, CA

Saturday 3:00 p.m. Speaker

Workshop - James L. "Flames before the Spark"

Saturday 4:30 p.m. Al-Anon Meeting

Saturday 6:30 p.m. BANQUET

Saturday 8:00 p.m.

Don L. - Bellingham, WA

Saturday 9:30 p.m. Games w/prizes

Saturday 10:15 p.m. DJ & Dancing

Sunday 9:00 a.m. Breakfast

Sunday 10:00 a.m.

Belinda F. - New Orleans LA

ACTIVITIES

FRIDAY

BBQ & Washer Games
Young People's Meeting
Ice Cream Social
Games w/prizes

SATURDAY

Banquet
Table Trivia
Speaker Panel
Speaker Workshop
Games w/prizes
DJ & Dancing

Merchandising &
Marathon Meetings &
Activities Room Open
All weekend long

Hilton St. Louis Airport

Special Room Rate \$95

Mention Spring Fling code: SPR

Reserve before 3/22/23 for reduced room rate

10330 Natural Bridge Rd
St. Louis, MO 63134
314-426-5500

www.springflingstl.com

Spring Fling Chair - Emily S. 314-760-7151
Registration Chair - Zoya R. 636-259-0720

springflingconvention@yahoo.com

FREE PARKING

PLEASE REGISTER EARLY!!!

To register, get information or sign up for Service: www.springflingstl.com

CONVENTION REGISTRATION FORM

- Please complete and mail to Spring Fling Convention, PO Box 22002, St. Louis, MO 63126
Complete a separate form for each additional registration, which is REQUIRED FOR ADMITTANCE.
Make checks/money orders payable to Spring Fling Convention
To sit together, please submit together - 10 people per table

Name:
Phone: AA Al-Anon

Table with 3 columns: Registration Type, Price, and Line. Includes Pre-Registration or PayPal (\$20), Door Registration (\$25), Friday Night BBQ (\$15), Friday Night Ice Cream Social (\$7), Al-Anon Luncheon Saturday (\$25), Banquet Saturday Night (\$40), Sunday Breakfast Buffet (\$15), Hospitality / Scholarship Donation, and Total Amount to be Paid.

Entering information below gives permission to receive mailings and/or newsletters from the Spring Fling Only.

Email:
Address:
City State Zip

Please list any special needs here: