



Friday

4 pm Registration Opens  
 5 pm Convention "Kick-Off Meeting"  
 6-7 pm Taco Bar  
 7:30 pm AA SPEAKER  
*Marti R., Buda, TX*  
 8:45 pm ICE CREAM SOCIAL  
 9 pm YPA Speaker - TBD  
 10 pm ACTIVITY presented by YPA

Saturday

10 am Workshop - TBD  
 11:30 am LUNCH to be served in Hospitality  
 1 pm AL-ANON SPEAKER  
*Val S., St. Louis, MO*  
 2:30 pm Workshop - TBD  
 6 pm BANQUET DINNER  
     -Table Trivia  
     -Sobriety Countdown  
 8pm AA SPEAKER  
*Ralph W., LA, CAL*  
 9:30 pm ALL Fellowship's  
     Activity(s)

Sunday

8:30 am BREAKFAST BUFFET  
 10 am AA MAIN SPEAKER  
*Jane L., Tallahassee, FL*

With AL-ANON and  
 YOUNG PEOPLE in  
 AA PARTICIPATION



**18<sup>th</sup> ANNUAL**

## SPRING FLING CONVENTION

April 24 - 26, 2026

### "We've Come of Age"

**Hilton St. Louis Airport**

10330 Natural Bridge Rd.  
 St. Louis, MO 63134  
 (314) 426-5500



**\*When calling, mention code: Spring Fling 2026**  
**Special Reduced Room Rate of \$109 + tax**

\*Reserve your room early before reduced rate ends April 19, 2026

**TO REGISTER & BOOK YOUR REDUCED ROOM RATE VISIT:**

**[www.springflingstl.com/convention](http://www.springflingstl.com/convention)**



Scan Here  
 To Be Taken  
 Straight To The  
 Registration Page!

**ARCHIVES, HOSPITALITY, MARATHON MEETING AND  
 OUR "ZENDEN" ARE OPEN ALL WEEKEND!!!**

=====MAIL IN REGISTRATION FORM=====

**Please complete and mail to: Spring Fling Convention, PO Box 22002, St. Louis, MO 63126**

Complete a separate form for each additional registration, which is **REQUIRED FOR ADMITTANCE**.

Make checks/money-orders payable to Spring Fling Convention - To sit together, submit together (10/table).

**Cut-off for mail-in registration is April 13, 2026**

**Newsletters from the Spring Fling Convention ONLY!**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

AA \_\_\_\_ Al-Anon \_\_\_\_ YPA \_\_\_\_

Special Needs/Dietary Restrictions: \_\_\_\_\_

On-Line Registration	\$30
Door Registration	\$35
Friday Night Taco Bar	\$25
Ice Cream Social	\$15
Saturday Night Banquet	\$55
Steak ____ Chicken ____ Veg ____	
Sunday Breakfast Buffet	\$25
Hospitality/Scholarship Donation	\$ _____
<b>TOTAL AMOUNT PAID</b>	<b>\$ _____</b>

For more info email: [spring.flingstlmo@gmail.com](mailto:spring.flingstlmo@gmail.com)

Registration Chair: David W. G. (832) 893-9628